

Organic Smoothie Bar

CLASSICS

Piña Colada

A flavorful blend of organic pineapple, coconut, banana, nonfat yogurt and whey protein.

Almond Banana

Almonds, banana, nonfat yogurt, vanilla and nonfat milk make for a delightful taste.

Island Breeze

An organic whirl of mango, pineapple, papaya, banana and coconut.

Snickers Snack

Rich twist of chocolate, hazelnut, caramel, peanut butter, whey protein and nonfat milk.

Blueberry Moon

Natures perfect blend of blueberries, vanilla, banana, nonfat milk and whey protein.

Chocolate Lovers

Chocolate, caramel, coconut, nonfat milk, whey protein and a piece of organic chocolate.

Fresh & Fruity

Strawberries, raspberry, blueberries, banana, whey protein, vanilla and nonfat milk.

Cinnamon Bun

A tasty mix of organic hazelnut, caramel, whey protein, milk, and peanut butter.

Super Fruits

Super high mix of antioxidants ACAI, Goji, Pomegranate, Mangosteen, whey protein and strawberries in organic apple juice.

ACAI ABC

Pure Brazilian ACAI with blueberries, raspberries and whey protein.

Raspberry Lemonade

A of blend orange mango, fruit punch, raspberries, whey protein and topped with a lemon swirl.

Black Forest Cake

A combination of Oreo Cookies,[®] nonfat milk, chocolate whey protein and cherry.

ALL FRUIT

Berry Blast

A delicious mix of raspberries, blueberries, strawberries and banana in apple juice.

Pomegranate Power

Pomegranate, mango, peach, strawberries and nonfat yogurt create a refreshing treat.

Raspberry Rave

Raspberries, strawberries, banana and whey protein in a raspberry/cranberry/apple juice blend.

Strawberry Fields

A luscious mix of strawberries, banana, apple, raspberry and nonfat yogurt.

1 Banana 2 Banana

Bananas, almonds and whey protein.

Caribbean Runner

An island treat of papaya, apple and peach juice mixed with strawberries and banana.

Fruit Bomb

Mouthwatering apple and raspberry juice with blueberries, strawberries and nonfat yogurt.

Mango Mamma

Mango, pineapple, banana, strawberry and nonfat yogurt.

PROTEIN & WORKOUT

Cookie Crazy

Lip smacking whirl of chocolate, Oreo, nonfat milk and whey protein.

Strawberry Banana

Strawberries, banana, nonfat milk and whey protein.

Peanut Butter & Jelly

Strawberries, peanut butter, whey protein and nonfat milk.

Peanut Butter Cup

Extraordinary blend of peanut butter, chocolate, nonfat milk and whey protein.

Vanilla Gorilla

Vanilla, nonfat yogurt and whey protein.

Orange Dreamsicle

Mango, orange swirl, whey protein, banana and pineapple.

Nutty Banana Gainer

Higher calorie mix packed with banana, hazelnut, pecans, almonds, whey protein, flax oil, yogurt and nonfat milk. (Reg. \$6.97 Lrg. \$9.97)

Arnold's Specialty

The ultimate muscle-building combination of strawberries, banana, peanut butter, nonfat milk, flax oil, whey protein, creatine and glutamine in apple juice. (Reg. \$6.97 Lrg. \$9.97)

FAT BURNERS

Pleasure Pineapple

A heavenly combo of pineapple, vanilla, banana, nonfat milk and fat burning blend.

Skinny Chocolate

Chocolate, banana, fat free milk, whey protein and fat burner blend for a perfect treat.

Hazelnut Banana Buster

Special mix of hazelnut, banana, nonfat milk, fat burner blend and whey protein.

Burn Baby Burn

Superb combo of strawberries, banana, vanilla, nonfat milk, whey protein and fat burning blend.

Caramel Power

Caramel, banana, nonfat milk, whey protein with fat burner blend mixed to perfection.

Chocolate Coconut Almond

The incredible taste of coconut, almond, fat burning blend and whey protein.

South Beach Shake

Extremely low carb mix of whey protein and fat burner blend. Low carb syrup and choice of fruit may be added.

All of our Fat Burner smoothies can be made to be low carb.

Regular (16oz.) \$5.97 • Large (32oz.) \$8.97

All eN smoothies are Gluten Free and can be custom made to your liking for just 50 cents per substitute. On hand substitutes include Almond Milk, Coconut Milk and Vegan Protein.